

To Your Health Sprouted Flour Co. 1138 Highway 82, Fitzpatrick, Alabama 36029

Reese's Carrot Cheese Puffs

(My Chihuahua loves these treats!)

- ¹/₂ cup cheddar cheese, shredded
- 1 jar organic baby food carrots
- 1 cup sprouted flour (your choice)
- ¹/₄ to ¹/₂ teaspoon garlic powder (optional)

Preheat oven to 350 degrees. Mix baby food, flour, and garlic powder. Stir until well blended. Should be moist. Add additional water, one tablespoon at a time, until you get a moist, but not sticky dough. Chill for one hour. Roll dough onto a lightly floured flat surface to ¼ inch thickness. Cut into the shapes you want. Place on a greased, parchment lined cookie sheet. Bake for 12-15 minutes, or until golden brown. Cool completely. Will last at room temperature up to a week. Refrigerate for longer lasting treats